



QUIZ: ARE YOU A RENAISSANCE SOUL?

Answer the following questions with your first, from-the-gut response:

1. Are you capable of becoming passionately excited about a wide variety of subjects? **Yes/No**
2. Do you have a hard time choosing between one interest and another? **Yes/No**
3. Do you find yourself interrupting yourself, dropping one task to pick up another before it's done? **Yes/No**
4. When you really understand how something works, or master a new activity, do you feel bored and ready to try something new? **Yes/No**
5. When you were a child, did you have many answers to the questions: "What do you want to be when you grow up?" **Yes/No**
6. Do friends and co-workers seek out your opinion on a variety of topics (even outside your field) because they like the way you see connections between apparently unrelated subjects? **Yes/No**
7. When you come up with an idea, do you prefer to delegate or hire out the tasks of turning that idea into a reality? **Yes/No**
8. Do you ever describe yourself as a "dabbler" or a "dilettante?" **Yes/No**
9. Are bookstores and libraries like candy stores to you, places where wonderful and intriguing items are displayed at every turn? **Yes/No**
10. Do you find it almost impossible to answer the question, "What do you picture yourself doing in five years?" **Yes/No**

11. Do friends suggest that you become a contestant on game shows because you know “something about everything?” **Yes/No**
12. Do people say that they enjoy talking to you because of your enthusiasm for their plans and activities? **Yes/No**
13. Are you skeptical of traditional time-management and business tools, such as long-range plans or detailed schedule? **Yes/No**
14. If you went to college, did you choose multiple majors or an interdisciplinary major? **Yes/No**
15. If you specialized in a particular subject in school, did you move into a new field after your education was complete? **Yes/No**
16. Are you competent—even highly successful—at your job but feel there’s something else you’d rather be doing, even if you’re not sure what? **Yes/No**
17. After a year or two of doing something, do you feel the itch to move on to something else? **Yes/No**
18. Do family members offer this kind of advice: “You ought to settle down and get known in one field, rather than switching from one career to another?” **Yes/No**
19. When friends or family members describe you to others, do they often say, “Oh _____ just hasn’t settled down yet. _____ is always trying something different. I wish _____ would just figure out something s/he’s interested in and stick to it!” **Yes/No**
20. Do you distrust your own decision-making ability because you “definitely knew” you wanted to be an X, and then you “definitely knew” you wanted to be a Y, and then you “definitely knew” you wanted to be a Z, and then... **Yes/No**

If you checked “yes” for nine or more of these questions, you can proudly identify yourself as a Renaissance Soul. In fact, given that no short quiz can be perfectly accurate, if you answered “yes” to even only three or four of these questions, but felt very strongly about those answers, you too may well proclaim yourself a Renaissance Soul.

This material is copyrighted 2004 and provided by internationally known life coach Margaret Lobenstine, M.A. author of *The Renaissance Soul: Life Design for People With Too Many Passions to Pick Just One* (Random House/Broadway, 2006 marglobern@ToGetUnstruck.com 413 253-7693